

Minutes

Group Health Insurance & Wellness Committee

Meeting #4-11-12

Date: February 8, 2012

Time: 12:00 PM

Committee Members Present: Ald. Joel Hammen, Sandy Rohrick, Scott Navis, Laurie Suhrke, Brendan Hughes, John Bridges, Jo-Ann Decker, Mark Zehfus

Committee Members Excused: Ald. Jean Kittelson, Ald. Scott Versey, James Amodeo, Lt. Michael Williams, Kent Huibregtse

Others Present: Glenda Hodge (M3), Sandy Goke (UMR)

1. HR Director Sandy Rohrick called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from January 11, 2012. Ald. Joel Hammen, Brendan Hughes.
Motion Carried.
4. UMR/M3 PRESENTATION – Presented by Glenda Hodge (M3), and Sandy Goke (UMR)
 - A. Review Aggregate CHRA Results.
 - B. Top Condition Concerns
 - Hypertension, Depression, Arthritis
 - C. Communication / Educational opportunities
 - Round table – Committee Discussion
 - Future Goals
 - ✓ Next CHRA – would like to see 90 % employee participation.
 - ✓ Numerous incentive suggestions regarding Wellness Program.
 - ✓ Employee Survey regarding CHRA participation.
 - Educational handouts
 - D. UMR Coaching Opportunities
 - Lifestyle
 - Chronic Condition
 - Maternity

E. EAP Aurora

- Sandy Rohrick has meetings set up to discuss employee usage of EAP.

5. Next meeting date, Wednesday, March 7, 2012.

6. Motion to Adjourn, Ald. Joel Hammen, Jo-Ann Decker. Motion Carried.

Submitted,

Laurie Suhrke

Auditor/Analyst