

Minutes
Group Health Insurance & Wellness Committee

Date: December 15, 2010

Time: 12:00 PM

Committee Members Present: Ald. Kittelson (Chairperson), Ald. Bill Wangemann, Michael Williams, Joel Kuszynski for Kent Huibregtse, H.R. Director Tom Rice, Mark Zehfus, Jack Vander Weele, Lori Woelfel.

Others: Finance Director Jim Amadeo, Jill Stoffield (UMR), and Karen Handrich (UMR).

1. Chairperson Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from November 17, 2010 meeting. Zehfus, Woelfel. Motion carried.
4. Our new representatives from UMR were introduced, Jill Stoffield and Karen Handrich. They are our Wellness representatives and will be working with our committee to develop programs for the future.
5. HR Director Tom Rice provided a handout for the Race to Good Health program. There was a discussion on how the point system works as well as the activities on the program. Tom will give us a better understanding of how the points will work by the next meeting. In addition there was a discussion on the rewards, centering on using the rewards towards the HRA or making it an extra option in addition to gift cards to local retailers.
6. HR Director Rice discussed the goals and objectives for the 2011 Wellness program. He provided a handout with these goals. The discussion centered on the Health Risk Assessment and the need to get a baseline for our programs. UMR reps provided insight into goals and will provide pricing for Biometrics as part of the Health Risk assessment. Tom also spoke about the possibility of joining with the County in their clinic and how this could save the city money. He will be bringing this up at this year's union negotiations. As an incentive to get employees to use the clinic, they will look at waiving the office co-pay.
7. We had a discussion on the role of this committee's members in the coming year as we try to start this wellness program. Members are expected to assist in promoting the program.

8. Lori Woelfel provided a handout and coupon for one month free use of family membership pass at the YMCA. It was decided that it would be best to include this with the last payroll handout for this year.

9. The next meeting of the Group Health Insurance & Wellness Committee will be on Wednesday, January 19, 2011 at 12:00 pm.

10. Motion to adjourn. Van der Weele, Ald. Wangemann. Motion carried.