

Minutes
Wellness Committee & Group Insurance Committee

Date: August 4, 2010

Time: 12:00 PM

Committee Members Present: Ald. Kittelson (Chairperson), Ald. Wangemann, Michael Williams, Kent Huibregtse, H.R. Director Tom Rice, Traci Holton, Matthew Polzin, and Rae Ann Schmitz.

Excused: Mark Zehfus

Others: Lori Woefel, Jeremy Jensen and Glenda Hodge from M3, Elizabeth Gries, Kurt Rich from Humana, and John Wuich from Business Health Care.

1. Chairpersons Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from May 7, 2010 meeting. Held until next meeting.
4. The following Wellness activities were discussed and/or reviewed:
 - a. August is Diabetes Awareness Month.
 - b. There is a Heart Walk on August 28, 2010.
 - c. October 16, 2010 is the March of the Pink Brigade, for Breast Cancer Awareness.
 - d. There will no health Fair this year.
 - e. City employees took first place in the Bike & Walk to Work competition.
5. HR Director Rice along with representatives from Humana and M3 discussed a strategic plan, focusing on responsibilities of committee members and all parties involved in city insurance, and interest survey and planning.
6. John Wuich gave an update on Business Health Care Group and will provide more information at the next meeting.
7. The next meeting of the Group Health Insurance & Wellness Committee will be on Wednesday, September 22, 2010 at 12:00 pm.
8. Motion to adjourn. Polzin, Huibregtse. Motion carried.