

Minutes
Group Health Insurance & Wellness Committee

Date: May 11, 2011

Time: 12:00 PM

Committee Members Present: Ald. Kittelson (Chairperson), Ald. Scott Versey, Mike Williams, Kent Huibregtse, H.R. Director Tom Rice, Finance Director Jim Amadeo, Mark Zehfus, Laurie Suhrke, Jo-Ann Decker and Gary Messik for Brendan Hughes.

Excused: Ald. Mark Hanna

Others: Lori Woelfel, Emily Vetting.

1. Chairperson Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Ald. Kittelson elected as Chairperson and Mike Williams elected Vice-Chair. Ald. Kittelson welcomed all members and SHOW organization and the Wellness Summit. She discussed survey and health in neighborhoods, trust and having buy-in from the top as well as returns on investment.
4. Emily Vetting spoke about Bike & Walk to Work Week being held June 4 – 10, 2011. She discussed the employer challenge and a program called Re-Bike. She is looking for bike donations and asked about found bikes from the police department. Our committee is assisting with the commuter station on Monday at Fountain Park.
5. Ald. Kittelson spoke about Health & Fitness day, May 18, 2011 and asked for support from all departments.
6. H.R Director Tom Rice started a discussion on one of the 2011 Goals & Objectives. Incentives were discussed in order to get employees to participate in a health Risk Assessment. A motion was made to send a resolution to Council. Zehfus, Versey. Motion carried.
7. Lori Woelfel discussed an offer from Anytime Fitness for city employees only. New members will be able to meet with a physical trainer and they will waive the \$99.00 enrollment fee. In addition they will reduce the fee from \$42 to \$36 a month for a one year period plus a \$49.00 fee for a key fob, which allows you to gain access at all hours and use of other locations. They may also provide a complimentary lunch and learn with a newsletter.
8. The next meeting of the Group Health Insurance & Wellness Committee will be on Wednesday, June 8, 2011 at 12:00 pm.
9. Motion to adjourn. Versey, Zehfus. Motion carried.