

Minutes
Group Health Insurance & Wellness Committee

Date: May 7, 2010

Time: 9:30 AM

Committee Members Present: Ald. Kittelson (Chairperson), Ald. Versey, Ald. Wangemann, Bridges, Felten, Polzin, Schmitz, Zehfus and H.R. Director Tom Rice.

Others present: Elizabeth Gries of Humana, and John Wuich of Business Health Care Group.

1. Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Kittelson made introductions of the Committee members. Polzin nominated Kittelson for Committee Chair. Seconded by Wangemann. The motion passed unanimously. Wangemann nominated Lt. Michael Williams for Vice Chair. Seconded by Polzin. The motion passed unanimously.
4. Approval of minutes from the April 9, 2010 meeting. Zehfus, Versey. Motion carried.
5. Kittelson stated that future Committee meetings would be held on the first Friday of each month at 9:30 in City Hall's third floor meeting room. Additional meetings can be scheduled if there is pressing business. If a Committee member can't make it a designee can attend in their place. Agendas will be e-mailed to some of the vendor representatives.
6. Kittelson reported Let's Get Physical Day will be Wednesday May 19th. The event encourages people to make physical activity part of their daily life. Just a half hour of activity on the 19th qualifies for participation in the event. Committee members are to record their department employee's activities on log sheets that were passed out. Sheets should be turned in at the City Human Resources office. Bike and Walk to Work Week (BWTWW) will run Saturday June 5th to Friday June 11th. The Committee will meet once more before the event. That Sunday is Bike & Walk to Worship. On Monday June 7th the Committee will man the Fountain Park Commuter station starting at 6:30 a.m. Volunteers will be needed at the station located on the corner closest to 8th & Erie. Wednesday there may be a commuter station set up on the plaza near Mead Public Library. The final event is at the Paradigm with a brat fry, music and a biking movie on Friday night. The City has won the BWTWW traveling trophy the past two years and we want to continue the tradition. Kittelson distributed flyers for health clinics, seminars and the Humana Health calendar for the month.

7. Rice reported on health insurance matters. 2009 insurance claims are just about finished up. He hopes that several financial and claims analysis reports will be available in June or July for the Committee to go over. The City has chosen CVMIC as its Worker's Compensation claims administrator, this change takes effect June 1st. HR is working on a comprehensive return to work policy for employees with light duty restrictions. Elizabeth Gries of Humana reported that she is scheduling bi-weekly visits to answer questions and problems that employees might have. Employee questions about how Diversified Benefits is handling matters should go to their customer service department. John Wuich of Business Health Care Group talked about two events that his organization is putting on in the next few weeks.

8. The next meeting will be on Friday, June 4, 2010 at 9:30 am.

7. Motion to adjourn. Wangemann, Polzin. Motion passed.