

Minutes
Wellness Committee & Group Health Insurance Committee

Date: April 9, 2010

Time: 9:30 AM

Wellness Committee Members Present: Ald. Kittelson (Chairperson), Cal Hughes, Mike Johnson, Sherrill Smith, Rebecca Tellen, Jack Van der Weele, Mark Zehfus, City Finance Director Terry Hanson and H.R. Director Tom Rice.

Insurance Committee Members Present: Ald. Surek (Chairperson), Ald. Kath, Cal Hughes, Mike Johnson (for John Bridges), Jack Van der Weele, Mark Zehfus, City Finance Director Terry Hanson and H.R. Director Tom Rice.

Others present: Roxanne Perillo of Humana, and John Wuich of Business Health Care Group.

1. Chairperson Ald. Kittelson and Chairperson Ald. Surek called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from the February 12, 2010 meeting. Zehfus, Van Der Weele. Motion carried.

Matters Referred

4. Kittelson presented Council Document 25-54 By the City Clerk submitting a communication from the Sheboygan County Planning and Resources Department regarding its third Bike and Walk to Work Week from June 5 – 11, 2010, as part of the Non-motorized Transportation Pilot Program and giving information about the County Wide Employer challenge. The bike rodeo kickoff event has been canceled. Some Committee members will help man the commuter station at Fountain Park that Monday starting at 6:30. The commuter station will be near Mead Public Library on Wednesday but we don't know if volunteers will be needed then. Motion to accept, adopt and then file Council Document 25-54. Van Der Weele, Tellen. Motion carried.

5. Kittelson reported that Wednesday May 19th is National Health and Fitness day. Tom Rice attended a planning meeting for the event. Sign up sheets were handed out. Committee members should get the word out and do the activity tracking by the employees in their areas. April is Arthritis Education month. Informational flyers were distributed. April is also National Cancer Control month. The April Humana Wellness calendar was distributed with cancer control information. The next march of the Pink Brigade is scheduled for October.

6. Surek asked for an update on insurance. Rice stated that there are still some problems with the HPN checks that need to be turned in to the city. Employees who receive bills for 2009 services can still process them, the deadline has been extended through the end of April. Talks with the County about their Health Clinic (run by Interra) continue. The clinic has become popular with county employees and saved money for the county. St. Nicholas Hospital is developing a competitive offer to provide similar services to the city. John Wuich of Business Health Care Group made a presentation about his organization and its success reducing health care costs to its participating companies and organizations.

7. Surek thanked the Committee members for their work. This is his last meeting. Motion to adjourn Sine Die. Surek, Hughes. Motion passed.