

Minutes  
Group Health Insurance & Wellness Committee

Date: February 23, 2011

Time: 12:00 PM

Committee Members Present: Ald. Kittelson (Chairperson), Ald. Kevin Sampson for Ald. Scott Versey, Mike Williams, Kent Huibregtse, H.R. Director Tom Rice, John Bridges, and Scott Navis.

Others: Finance Director Jim Amadeo, Sandy Goke (UMR), Karen Handrich (UMR).

1. Chairperson Ald. Kittelson called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from January 19, 2011 meeting. Huibregtse, Navis. Motion carried.
4. HR Director Tom Rice presented the 2011 Goals and Objectives and provided a handout. Please see attached sheet. A seventh goal was added; Work with the County to bring the county clinic on board. Motion to accept the goals/objectives: Williams, Navis. Motion carried.
5. There was a discussion on the 2011 Incentive Plan. Finance Director and Tom Rice explained the resolution for \$40,000 being advanced to the Finance Committee and Common Council. We are awaiting approval. The monies would be used to incentivize employees to do health risk assessments and bio-metric feedback. They would be eligible for a cash bonus for participating in the HRA/biometric phase. The cash bonus could be worth up to \$75.00. This is a 3-year program and the HRA/biometric is the beginning and will allow us to move to the next phase. Without this, may not be a next phase. We also discussed the possibility of insurance changes in the next contract negotiations.
6. Chairman Kittelson talked about the upcoming Let's Get Physical Sheboygan County challenge. This will be held on May 18, 2011 and urges a minimum of 20 minutes of exercise by everyone. We discussed possibly having an interdepartmental competition for this.
7. Chairman Kittelson also talked about Bike and Walk to Work Week which will be held June 4<sup>th</sup> to June 10<sup>th</sup>. We will again be competing against Sheboygan County and Sheboygan Area School District. We are also manning one of the stop stations.
8. The next meeting of the Group Health Insurance & Wellness Committee will be on Thursday, March 31st, 2011 at 12:00 pm.
9. Motion to adjourn. Williams, Ald. Sampson. Motion carried.