

Minutes
Wellness Committee & Insurance Committee

Date: January 22, 2010

Time: 9:30 AM

Wellness Committee Members Present: Ald. Kittelson (Chairperson), Ald. Heidemann, Michael Williams, Bruce Felton for Scott Navis, Mark Zehfus, Jack Van Der Weele, H.R. Director Tom Rice, Matt Walsh, and Sherryll Smith

Insurance Committee Members Present: Ald. Ed Surek (Chairperson), Ald. Bowers, Ald. Kath, Michael Williams, Mark Zehfus, Bruce Felton for Scott Navis, Jack Van Der Weele, Matthew Polzin, Matt Walsh, and H.R. Director Tom Rice.

Others: Roxanne Perillo and Elizabeth Gries from Humana

1. Chairpersons Ald. Kittelson and Ald. Surek called the meeting to order.
2. Pledge of Allegiance.
3. Approval of minutes from November 13, 2009 meeting. Heidemann, Zehfus. Motion carried.
4. The following Wellness activities were discussed and/or reviewed:
 - a. The Health Fair which was held January 16, 2010 was reviewed and an Executive Summary was given.
 - b. Bike and Walk to Work Week will be held in June this year. We will be competing with the County and Sheboygan Area School District.
 - c. Lighten Up Wisconsin has started again. You can sign up on-line at www.lightenupwisconsin.com.
 - d. Healthy Sheboygan County will be held in May again and we will be competing against county businesses. They are also working with Sheboygan County Activity and Nutrition Coalition (SCAN) to support health and wellness initiatives. They have a newsletter available with tips and links to other sites.
 - e. Weight Watchers is having an open house every Saturday in February from 1pm to 4pm.
 - f. Humana spoke about their wellness Communication Plan which has available employee materials and stuffers to promote healthy lifestyles. They also have a calendar year program with preventive care reminders. MyHumana.com has recipes and tips to better eating and lifestyle choices.
5. The following insurance issues were discussed:
 - a. H.R. Director Tom Rice explained the changes to the health insurance per contract negotiations. There was funding change to an HRA in which the City pays \$1000 for a single plan and \$2000 for a family plan and the employees are

responsible for the remainder of the deductible. Single plan deductible is \$1500 and family plan is \$3000. Any amount left in the HRA is rolled over to the next year and members are allowed to accrue up to \$12,000. The drug plan now includes a co-pay of \$5.00 for generic, \$20.00 for brand and \$40.00 for preferred drugs. The premium pay is at 10 percent for employees and retiree premium has remained the same.

b. H.R. has set up a meeting with the union presidents for January 26th to discuss Humana reports and to educate people on the costs of the program.

c. The city is changing life insurance providers to save the city money. The terms will remain the same as they are now.

d. Because of changes with the drug card there were some issues with members having to pay the full amount for their drugs. They can get reimbursement from the drug store or submit to Humana. If the cost of a drug is less than the deductible, you will only pay the lower amount.

e. Humana had an issue with HPN and there was a re-pricing of claims. Therefore, checks are being sent to individuals as reimbursement. These checks will have a letter explaining the re-pricing and advising the recipient to turn over the check to H.R. These checks need to be deposited into the individual's HRA account.

f. We will be receiving new insurance cards but do not know when that will be. Until then we should continue to use the insurance/credit card we received last year. It has our group insurance numbers on it.

6. The next joint meeting of the Group Health Insurance Committee with the Wellness Committee will be on Friday, February 12, 2010 at 9:30 am.

7. Motion to adjourn. Polzin, Zehfus. Motion carried.